

Dr. James Duke worked for 35 years for the United States Department of Agriculture. He is a renowned ethnobotanist and has made his studies available to medical professionals and lay people. Over 100 amazing properties of the mangosteen fruit are cataloged in the database. Here are a few ... \*

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1. Prevents hardening of the arteries (Atherosclerosis)
  2. Protects the heart muscle (Cardio)
  3. Anti-Parkinson, Anti-Alzheimer and other forms of dementia
  4. Anti-depressant—Gives sense of well being. It is the same botanical category as St. John's Wort and helps fight anxiety
  5. Prevents and arrests fungus (Anti-fungal)
  6. Prevents Bacterial infections (Anti-bacterial)
  7. Viral fighter and prevention of infections (Antiviral)
  8. Prevents gum disease
  9. Anti-diarrheal
  10. Lowers fevers (Antipyretic)
  11. Supports the eyes – prevents glaucoma and cataracts
  12. Synergistically supports the whole body
  13. Energy Booster
  14. Anti-aging
  15. Weight Loss
  16. Lowers blood fat
  17. Anti-tumor
  18. Fights Cancer with powerful antioxidant properties
  19. Lowers blood pressure
  20. Stimulates the immune system
  21. Lowers blood sugar
  22. Tastes good

\*Disclaimer: No medical advice is given or implied. All health analysis and advice should be gotten from competent licensed medical professionals. Your results may vary.